



**Thursday**  
**May 22<sup>nd</sup>, 2025**

**Heritage Woods  
Secondary**

**“WE ARE KODIAKS”**



# Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



# My Weekly Planner Flex Booking System

Follow the link  
below (also found  
on HWSS) website

Log in with your  
student number  
and password

Enter numbers  
only for your  
student number

Your default  
password is your  
student number

Set new password  
on first log in

Instructions to  
book your flex  
space were  
emailed to you

<https://hwss.myweeklyplanner.net>

# FLEXpectations



- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored



# Fragrance Free

Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of fragranced products, and to replace them with unscented alternatives.

# Thank you for your cooperation!



Please be respectful  
and refrain from  
parking in the  
handicap spots  
located at the back  
of the school.  
Unauthorized  
vehicles may be  
towed at the owner's  
expense.





3 flavours!

Dilly Bar Coupon first 35 people!

**\$2.99**  
PER CUP



SELLING IN FRONT OF THE THEATRE!

# Buy Lemmii's Lemonade!

SELLING: MAY 23 AT LUNCH  
AND AFTERSCHOOL!

Lemon Lime  
Flavour!

Sticker included!

Thank you to BCSPCA  
for sponsoring us!

Pink Lemonade



# Orsolini Limonini

What: Lemonade Sale  
When: May 22 lunch and after  
school

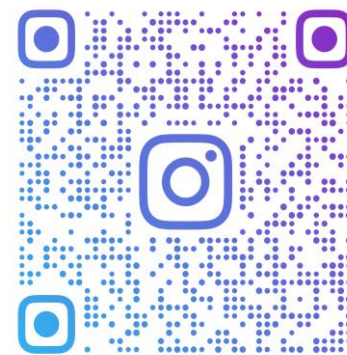
Where: By the theater

Price: \$2.00-\$5.00

Feeling lucky? Our stand has a wheel that lets you win varying  
sizes of lemonade

*"Our lemonade so good,  
it makes you go  
Tralalero Tralala."*

**G♥FB** THE GREATER  
VANCOUVER  
FOOD BANK



HWSS\_ORSOLINI\_LIMONINI

Scan This 



# CLUBS



Get your tickets here!



Come watch the  
HWSS Garbage  
Fashion Show  
May 23<sup>rd</sup> at 6pm



Proudly Supporting  
**DAVID SUZUKI  
FOUNDATION**  
davidsuzuki.org

# KODIAK ATHLETICS

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# **SAVE THE DATE**

- **Athletic Banquet is Thursday, June 12, 2025.**
- **Purchase tickets on SchoolCash online, sales will close on June 1<sup>st</sup>.**



# SIGNING DAY

Anyone who is planning or wanting a staff member to organize a "Signing Day", please e-mail Ms. Rampuri with your name, school and sport.

We will be doing a one-day event at the end of next week for all grade 12 students who need this done.



# CAREER CENTER





# Student Volunteer Opportunity- SD43 Summer Learning Program

Summer Learning

Website: <https://ce43.augusoft.net//info/landing/summer-learning>

High school students interested in volunteering for elementary or middle school programs can fill in this [FORM](#).

If you have any questions, please contact the summer learning volunteer coordinator, Mr. Wally Sawchuk ([wsawchuk@sd43.bc.ca](mailto:wsawchuk@sd43.bc.ca)).



# Summer Volunteer Opportunity with SD43

The Coquitlam School District's Summer Learning program is pleased to once again offer a volunteer opportunity for our secondary students. Last year we placed over forty students into SD 43 Summer Learning classrooms, a valuable experience for students and teachers!

Successful volunteers will be placed in local elementary or middle classrooms and earn necessary volunteer hours as well as a letter of reference from their sponsor teacher.

Spots are limited so submit a completed application early.

The application form can be found on the Summer Learning Website.

Summer Learning Website: <https://ce43.augusoft.net//info/landing/summer-learning>

High school students interested in volunteering for elementary or middle school programs can fill in this [FORM](#).

# 2025 Grads - Have you received a scholarship?

- We want to know if you have been offered any scholarships so we can recognize your accomplishments in the commencement brochure.
- But you need to tell us!
- This form can be found on Career Ctr Finances & Awards page at the top
- <https://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx#/=>
- Hand in completed form to Ms. Butler no later than June 01, 2025.



## Have you received a Scholarship?

PLEASE PRINT CLEARLY

Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_

HWSS Student # \_\_\_\_\_

Many students have been actively applying for scholarships on their own time. In order for your accomplishments to be recognized, please complete this form and return it to the Career Centre by **June 1**, Please remember to write a letter thanking any or all scholarship/bursary/award donors.

Award Name: \_\_\_\_\_

Donor: \_\_\_\_\_

Amount: \_\_\_\_\_

Note: \_\_\_\_\_

Award Name: \_\_\_\_\_

Donor: \_\_\_\_\_

Amount: \_\_\_\_\_

Note: \_\_\_\_\_

Award Name: \_\_\_\_\_

Donor: \_\_\_\_\_



Curious about a career in the skilled trades?  
Want to get started?



# SD43 TRADES HIRING FAIR

Wednesday  
June 4th, 2025

5 - 7 PM  
bring your resume



AT CENTENNIAL  
SECONDARY

570 POIRIER ST.  
COQUITLAM

[43CAREERS.COM](https://43careers.com)

[CAREERPROGRAMS@SD43.BC.CA](mailto:CAREERPROGRAMS@SD43.BC.CA)



# SD43 TRADES HIRING FAIR

JUNE 4<sup>TH</sup> 5-7PM AT CENTENNIAL SEC



*Scan me*

- \*List of employers attending & which trades are in demand
- \*Check back - list will be updated regularly



43CAREERS.COM

# Ivey at Western University Summer Leadership Program

- **SLP is a four-day immersive experience for high school students, currently in Grades 9 to 11, passionate about business, leadership, and innovation.**
- **From August 5–8, 2025, students will stay on campus at Western University and take part in case-based learning, interactive workshops, and real-world problem-solving at Ivey Business School.**
- <https://www.ivey.uwo.ca/summerleadership/>
- June 16, 8:59PM PT application deadline

**Application Requirements :** We are seeking motivated, passionate, and dedicated students currently in grades 9-11, eager to embrace the challenges of a fast-evolving business world. Applicants will be evaluated based on:

- **Leadership & Extracurricular Involvement** – Active participation in extracurricular activities, showcasing your ability to lead and make an impact in your community or school.
- **Statement of Interest** – An opportunity to share why you're passionate about leadership, business, and innovation, and how you hope to apply what you learn at SLP.

**Program Fee:** There is a **\$350 participant fee** to attend the program, which covers the cost of your accommodation, meals, and program materials. Financial assistance may be available; please contact us for more details if needed.



# COMMUNITY



# Canada Youth Climate Change Summer Contest

## Take the Challenge & Win \$1,000

Practical ways to reduce your carbon footprint.

ENTER CONTEST



One Task



Two Generations



Three Challenges

**19 Winners**

**\$1,000 Prize**

**Ages 11 to 21**

Our youngest social generations weigh in  
on responsible consumption.

Visit [CarbonRewind.org](https://CarbonRewind.org) for details





**I-SPARC**  
Move | Play | Compete

Indigenous Sport,  
Physical Activity &  
Recreation Council

**VANCOUVER  
BANDITS  
BASKETBALL  
CAMP**

- Camp will feature skill development for the beginner and more advanced player
- Open to self-identifying Indigenous youth of all genders, between the ages of 12 - 17 years
- Please bring water bottle, indoor shoes, dress to play
- Game ticket for youth and family member, and a \$10.00 food/beverage voucher for that night's game
- Maximum of 40 participants per time frame
- Game: doors open at 3:30pm

**Register Here:**



**Event Inquiries:**

<b>Jenn Forlin</b> Sport & Physical Activity Coordinator, Fraser Region jforln@isparc.ca 250-856-0854	<b>Pete Natrall</b> Sport & Physical Activity Coordinator, Vancouver Coastal Region pnatrall@isparc.ca
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**FREE OF CHARGE**

12:30pm - 1:45pm  
or  
1:45pm - 3pm  
**SUNDAY  
JUNE 1ST**  
Langley Events Centre  
7888 200 St, Langley,  
V2Y 3J4

# Indigenous Basketball Camp

June 1<sup>st</sup>

FREE OF CHARGE

**Register Here:**





# Freedom & Peace Concert

Saturday, May 31st, 2025 at 7:00 pm  
Pacific Academy (10238 168 St, Surrey, BC V4N 1Z4)

## The Program Highlights

W.A.Mozart The Marriage of Figaro Overture / The Phantom of Opera / dear friend / You raise me up /  
pining of Mt gumgang / song of wind / O Sole mio / Le temps des cathedrales



An invitation performance by Korea's classical vocal group, UANGEL VOICE.



## Port Moody Youth Symphony Orchestra

### Soloists



Conductor /  
Artistic Director  
Stella (Hyeajung) Park



Flutist  
Ji Woo Ahn



Violinist  
Ji Won Kim



Soprano  
Angelina Park



K Children's Choir

Ticket Prices : R: \$100 S: \$70 A: \$50 B: \$30 (Tickets are available at the door.)  
Inquiry : PMYSO Assistant Manager Monica Cho 604-209-0569

50% discount for seniors, disabled and students

Tickets are available at the Anvely Center. (9912 Lougheed Hwy Burnaby)



Need a ticket?  
Scan here for 30% off

Hosted By



Port Moody Youth Symphony Orchestra Society

Sponsored by

